



ARMY PUBLIC SCHOOL GWALIOR  
CLASS -VIII



ACADEMIC SESSION 2021-22  
WORKSHEET (SELF –ASSESSMENT)

Subject: English

Assignment No. : 4

Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	Make a ppt on freedom fighters or on the Glimpses of the Past with a brief information.	4m	Information
2	<p><b>Read the following extract and answer the questions given below:</b></p> <p>“ Macavity, Macavity ,there is no one like Macavity, For he’s a fiend and feline shape, a monster of depravity. You may meet him in a by- street, you may see him in a square- But when a crime’s discovered, then Macavity’s not there!”</p> <p><b>Questions:</b></p> <ol style="list-style-type: none"><li>1. Who is ‘he’ in the above extract?</li><li>2. What does the poet mean by-‘He’s a fiend and feline shape....’?</li><li>3. What is peculiar with Macavity?</li></ol>	3m	Understanding
3	Do you think that society should always resist change or reform in order to preserve its traditional values? Answer in about 100 words.	4m	HOT
5	Identify the infinitives in the given sentences and underline it. <ol style="list-style-type: none"><li>1. To err is human.</li><li>2. People like to gossip.</li><li>3. The baby is about to fall.</li></ol>	3m	Analytical Skill
6	Was Raja Ram Mohan Roy against his culture? Explain in 100 words.	4m	Critical Thinking
7	Answer the following questions in about 20-30 words. <ol style="list-style-type: none"><li>1. How can one recognise Macavity?</li><li>2. The Giant realize his mistake. What did he do then?</li><li>3. Why was Regulation III oppressive?</li></ol>	3x2=6m	Evaluation

<b>8</b>	You are Ankit/Ankita. Your school is celebrating the 26 <sup>th</sup> National Reading Day from 19 <sup>th</sup> June to 18 <sup>th</sup> July Write a diary entry sharing about your participation in the online activities and competitions being organised by the P.N. Panicker Foundation in about 100 words.	<b>3m</b>	Communication Skills
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ARMY PUBLIC SCHOOL GWALIOR

CLASS -VIII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: Hindi

Assignment No. : 4

Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	निम्नलिखित शब्दों के अर्थ लिखिए । प्रशस्ति- पत्र मुस्तैद हैसियत अहमियत तह	5	Understanding
2	नगर - निगम के स्वास्थ्य अधिकारी को एक पत्र लिखकर उनसे अपने मोहल्ले की सफाई कराने का अनुरोध कीजिए ।	5	Communication Skills
3	निम्नलिखित प्रश्नों के उत्तर दीजिए । (क) पत्र लेखन की कला के विकास के लिए क्या - क्या प्रयास हुए? लिखिए । (ख) कवि ने पक्षी और बादल को भगवान के डाकिए क्यों बताया है । स्पष्ट कीजिए ।	2x2=4	Evaluation
4	(क) प्रत्यय की परिभाषा उदाहरण सहित लिखिए ।	2x3=6	Understanding

	<p>(ख) नीचे लिखे प्रत्यय की सहायता से दो - दो शब्द बनाइए -</p> <p>ता-</p> <p>अक -</p> <p>(ग) दिए गए शब्दों में से मूल शब्द और प्रत्यय अलग कीजिए -</p> <p>सरलता -</p> <p>स्वदेशी -</p>		
5	<p>निम्नलिखित पदों के समस्त पद बनाकर समास का नाम भी लिखिए -</p> <p>(क) सात दिनों का समूह</p> <p>(ख) रेखा से अंकित</p> <p>(ग) महान है जो पुरुष</p> <p>(घ) राजा का पुत्र</p> <p>(ङ) तीन नेत्र हैं जिसके</p>	5	<b>Understanding</b>
6	<p>निम्नलिखित शब्दों में से मूल शब्द , उपसर्ग अथवा प्रत्यय अलग - अलग कीजिए - ।</p> <p>(क) अभिमानी</p> <p>(ख) स्वदेशी</p> <p>(ग) बेरोजगारी</p> <p>(घ) स्वतंत्रता</p> <p>(ङ) बेहोशी</p>	5	<b>Interdisciplinary</b>



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**WORKSHEET (SELF –ASSESSMENT)**

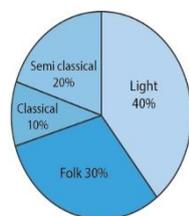
**Subject: Mathematics**

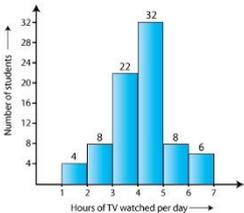
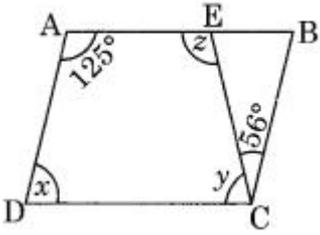
**Assignment No. : 4**

**Allotment Date: 18 July 2021**

S. NO.	QUESTIONS	MARKS	NATURE
1	If 20-30 is the class interval of grouped data, then What is the lower class limit of the class interval.	1	Information
2	A bag has 4 red balls and 4 green balls, what is the probability of getting a red ball randomly?	1	Understanding
3	Write the unit digit of the square of 567.	1	Understanding
4	How many natural numbers lie between $9^2$ and $10^2$	1	Understanding
5	Identify all the quadrilaterals whose diagonals are perpendicular bisector of each other.	1	Information
6	Write the sum of the first four odd natural numbers?	1	Application
7	Angles of a quadrilateral are in the ratio 2:3:5:8.find all angles of the quadrilateral.	1	Understanding and problem solving
8	Find the square root of 729 using factorisation method.	1	Critical thinking and problem solving
9	ABCD is a rectangle and AC & BD are its diagonals. If AC = 10 cm, then write the length of BD.	1	Analytical skill
10	Write the name of quadrilaterals whose diagonals are perpendicular to each other.	1	Information

<b>11</b>	Write a Pythagorean triplet whose one member is 6.	<b>2</b>	Analytical skill
<b>12</b>	Show that 121 is the sum of 11 odd natural numbers.	<b>2</b>	Critical thinking and problem solving
<b>13</b>	Find the smallest whole number by which 1008 should be multiplied so as to get a perfect square number	<b>2</b>	Understanding
<b>14</b>	Find the square roots of 100 and 169 by the method of repeated subtraction.	<b>2</b>	Critical thinking and problem solving
<b>15</b>	If you have a spinning wheel with 3 green sectors, 1 blue sector and 1 red sector, what is the probability of getting a green sector? What is the probability of getting a non-blue sector?.	<b>2</b>	HOTs
<b>16</b>	Find the smallest whole number by which 2800 should be divided so as to get a perfect square	<b>2</b>	Understanding
<b>17</b>	Find the smallest square number that is divisible by each of the numbers 8, 15 and 2	<b>2</b>	Critical thinking and problem solving
<b>18</b>	<p>A survey was made to find the type of music that a certain group of young people liked in a city. The adjoining pie chart shows the findings of this survey. From this pie chart, answer the following:</p> <p>(i) If 20 people liked classical music, how many young people were surveyed?</p> <p>(ii) Which type of music is liked by the maximum number of people?</p> <p>(iii) If a cassette company were to make 1000 CD's, how many of</p>	<b>3</b>	HOTs



	each type would they make?																
<b>20</b>	<p>The number of hours for which students of a particular class watched television during holidays is shown through the given graph. Answer the following:</p> <p>(i) For how many hours did the maximum number of students watch T.V.?</p> <p>(ii) How many students watched TV for less than 4 hours?</p> <p>(iii) How many students spent more than 5 hours watching TV?</p>	<b>3</b>	Understanding and problem solving														
	 <table border="1" data-bbox="327 772 571 985"> <caption>Bar Graph Data</caption> <thead> <tr> <th>Hours of TV watched per day</th> <th>Number of students</th> </tr> </thead> <tbody> <tr><td>1</td><td>4</td></tr> <tr><td>2</td><td>8</td></tr> <tr><td>3</td><td>22</td></tr> <tr><td>4</td><td>32</td></tr> <tr><td>5</td><td>8</td></tr> <tr><td>6</td><td>6</td></tr> </tbody> </table>	Hours of TV watched per day	Number of students	1	4	2	8	3	22	4	32	5	8	6	6		
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<b>20</b>	<p>In the given figure, ABCD is a parallelogram. Find x, y and z.</p>	<b>5</b>	Application and problem solving														
																	
<b>21</b>	<p>State whether True or False.</p> <p>(a) All rectangles are squares.</p> <p>(b) All rhombuses are parallelograms.</p> <p>(c) All squares are rhombuses and also rectangles.</p> <p>(d) All squares are not parallelograms.</p> <p>(e) All kites are rhombuses.</p>	<b>5</b>	Understanding														



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS -VIII**



**ACADEMIC SESSION 2021-22**  
**WORKSHEET (SELF –ASSESSMENT)**

**Subject: Science**

**Assignment No. : 4**

**Allotment Date: 18 July 2021**

S. NO.	QUESTIONS	MARKS	NATURE
Q1	Answer the following questions. I. Where were matchsticks first used? ii. Which part of a flame does a goldsmith blow for melting gold and silver? iii. What is the unit for expressing the calorific value of a fuel?	1x3=3	Information
Q2	i. What is combustion? ii. Define ignition temperature of a fuel.?	2X2=4	Understanding
Q3	i. How does a matchstick catch fire? II. What are combustible and non-combustible substances? iii. What are inflammable substances? Give examples. iv. Define spontaneous combustion.?	2x4=8	HOT

Q4	<p>I. Give two examples each of solid fuels, liquid fuels and gaseous fuels.?</p> <p>ii. Give two examples of fuels that are used to generate electricity.?</p>	2x2=4	Interdisciplinary
Q5	i. Mention any three characteristics of a good fuel.?	3x3=9	Analytical Skill
	<p>II. 60 kg of fuel was completely burnt for an experiment. The amount of heat energy was found to be 1,80,000 kJ. Calculate the calorific value of the fuel.?</p>		Critical Thinking and Problem Solving
	<p>III . Sourav was heating oil to fry potato chips. The cooking oil all of a sudden caught fire. He took water to pour on the fire to extinguish it. But meanwhile his mother came and switched off the gas and covered the wok completely with a plate.</p> <p>(a) Do you think pouring water to the burning oil would have worked? Why?</p> <p>(b) Do you think what Sourav's mother had done is right? Why?</p> <p>(c) Can you suggest other ways in which we can stop fire due to burning oil?</p>		Evaluation
Q 6.	Write in brief about the reasons of forest fires.?	5x1=5	Communication Skills



# ARMY PUBLIC SCHOOL GWALIOR

## CLASS -VIII

### ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)



Subject: Social Science

Assignment No. : 4

Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	<p>Fill in the blanks and rewrite the sentences.</p> <p>i) The Champaran movement was against _____</p> <p>ii) The international demand for indigo was affected by the discovery of _____.</p> <p>iii) The demand for Indigo increased in late eighteenth century Britain because of _____</p> <p>iv) The British described the Tribal people as _____</p> <p>v) The method of sowing seeds in jhum cultivation is known as _____</p> <p>vi) Tribals went to work in the _____ of Assam and _____ in Bihar.</p> <p>vii) To force someone to do something _____</p> <p>viii) State's efforts to influence a particular matter _____</p> <p>ix) People do not participate _____ in democracy.</p> <p>x) If a political party joins with other political parties in case majority is not found such government is called.....</p> <p>xi) _____ means all adult citizens allowed to vote .</p>	11	Information and Understanding

2	Give one problem which arose with the new Munro system.	3	HOTS
3	What was Birsa's vision of a Golden age ?	3	Understanding
4	Describe the main features of permanent settlement .	3	Communication skill
5	What problems did shifting cultivators face under British rule ?	4	Critical thinking
6	Will the Government intervene if some religion allows them to practice infanticide ? Give reasons.	4	Analytical Skill
7	In the map of India mark the states and Union Territories.	2	Evaluation



ARMY PUBLIC SCHOOL GWALIOR  
CLASS -VIII



ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)

Subject: Sanskrit

Assignment No. : 4

Allotment Date: 18 July 2021

S.NO.	QUESTIONS	MARKS	NATURE										
1	<p>मञ्जूषातः पदानि चित्वा कथां पूरयत-</p> <table border="1"><tr><td>वृद्धः</td><td>कृतवान्</td><td>अकस्मात्</td><td>दृष्ट्वा</td><td>मोचयितुम्</td></tr><tr><td>साट्टहासम्</td><td>क्षुद्रः</td><td>तर्हि</td><td>स्वकीयैः</td><td>कर्तनम्</td></tr></table> <p>एकस्मिन् वने एकः ..... व्याघ्रः आसीत्। सः एकदा व्याधेन विस्तारिते जाले बद्धः अभवत्। सः बहुप्रयासं ..... किन्तु जालात् मुक्तः नाभवत्। ..... तत्र एकः मूषकः समागच्छत्। बद्धं व्याघ्रं ..... सः तम् अवदत्- अहो! भवान् जाले बद्धः। अहं त्वां ..... इच्छामि। तच्छ्रुत्वा व्याघ्रः .....अवदत्-अरे! त्वं ..... जीवः मम साहाय्यं करिष्यसि। यदि त्वं मां मोचयिष्यसि .....अहं त्वां न हनिष्यामि। मूषकः ..... लघुदन्तैः तज्जालस्य ..... कृत्वा तं व्याघ्रं बहिः कृतवान्।</p>	वृद्धः	कृतवान्	अकस्मात्	दृष्ट्वा	मोचयितुम्	साट्टहासम्	क्षुद्रः	तर्हि	स्वकीयैः	कर्तनम्	(5)	Information
वृद्धः	कृतवान्	अकस्मात्	दृष्ट्वा	मोचयितुम्									
साट्टहासम्	क्षुद्रः	तर्हि	स्वकीयैः	कर्तनम्									
2	<p>अधोलिखितानां प्रश्नानाम् उत्तराणि एकपदेन लिखत-</p> <p>(क) स्वकीयं साधनं किं भवति? (ख) चञ्चलः व्याघ्रं कुत्र दृष्टवान्? (ग) सततं किं करणीयम्? (घ) बदरी-गुल्मानां पृष्ठे का निलीना आसीत्? (ङ) सः कीदृशः कविः मन्यते?</p>	(5)	Understanding										
3	<p>रेखांकित पदमाधृत्य प्रश्ननिर्माणं कुरुत -</p> <p>(क) व्याधः व्याघ्रं जालात् बहिः निरसारयत्। (ख) चञ्चलः वृक्षम् उपगम्य अपृच्छत्।</p>	(5)	Interdisciplinary										

	<p>(ग) व्याघ्रः <u>लोमशिकायै</u> निखिलां कथां न्यवेदयत्।</p> <p>(घ) मानवाः <u>वृक्षाणां</u> छायायां विरमन्ति।</p> <p>(ङ) व्याघ्रः <u>नद्याः</u> जलेन व्याधस्य पिपासामशमयत्।</p>																										
4	<p>लट्लकारपदेभ्यः लोट्-विधिलिङ्लकारपदानां निर्माणं कुरुत-</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 10%;"></th> <th style="width: 30%;">लट्लकारे</th> <th style="width: 30%;">लोट्लकारे</th> <th style="width: 30%;">विधिलिङ्लकारे</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>खेलसि</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>2</td> <td>खादन्ति</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>3</td> <td>पिबामि</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>4</td> <td>हसतः</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>5</td> <td>नयामः</td> <td>.....</td> <td>.....</td> </tr> </tbody> </table>		लट्लकारे	लोट्लकारे	विधिलिङ्लकारे	1	खेलसि	.....	.....	2	खादन्ति	.....	.....	3	पिबामि	.....	.....	4	हसतः	.....	.....	5	नयामः	.....	.....	(5)	Analytical Skill
	लट्लकारे	लोट्लकारे	विधिलिङ्लकारे																								
1	खेलसि	.....	.....																								
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4	हसतः	.....	.....																								
5	नयामः	.....	.....																								
5	<p>उचितकथनानां समक्षम् 'आम्', अनुचितकथनानां समक्षं 'न' इति लिखत-</p> <p>(क) निजनिकेतनं गिरिशिखरे अस्ति। ( )</p> <p>(ख) स्वकीयं बलं बाधकं भवति। ( )</p> <p>(ग) पथि हिंसाः पशवः न सन्ति। ( )</p> <p>(घ) गमनं सुकरम् अस्ति। ( )</p> <p>(ङ) सदैव अग्रे एव चलनीयम्। ( )</p>	(5)	Critical Thinking and Problem Solving																								
6	<p>मातरम् प्रति लिखितं पत्रं मञ्जूषा सहायतया पूरयत -</p> <p>( अभिनयम् ,सर्वेभ्यः, मुख्यातिथिः , अध्ययनम्, वार्षिकोत्सवः )</p> <p style="text-align: right;">ग्वालियर नगरात्</p>	(5)	Communication Skills																								

10/7/2021

पूजनीयाःमातृचरणाः !

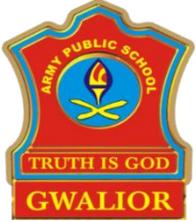
नमोनमः। अत्र कुशलं तत्रास्तु । मम विद्यालये ----- आसीत् । तत्र अहं

एकं ----- कृतवान् । मुख्यमंत्री महोदयः ----- रूपेण आगतवान् ।

मम ----- सम्यक् चलति। गृहे ----- नमोनमः ।

भवदीयः

राकेशः



**ARMY PUBLIC SCHOOL GWALIOR**  
**CLASS -VIII**



**ACADEMIC SESSION 2021-22**  
**WORKSHEET (SELF –ASSESSMENT)**

**Subject: Computer**

**Assignment No. : 4**

**Allotment Date: 18 July 2021**

S.NO.	QUESTIONS	MARKS	NATURE
1	Choose and write the correct option (MCQ):-	1/2x5=2.5	Information
a)	A question represented in a way that Access can understand (i) Report (ii) Query (iii) Datasheet		
b)	The shortcut key to save a query is (i) Ctrl+S (ii) Ctrl+V (iii) Alt+S		
c)	Query used to display the records that have same values for one or more specified fields. (i) Simple query (ii) Unmatched query (iii) Duplicate query		
d)	While sorting on more than one field, the more important field is called (i) Minor key (ii) Enter key (iii) Major key		

e)	The two special wild cards for Query provided by Access are (i) * and / (ii) * and ? (iii) + and ?		
2	Fill in the blanks- (i) A query can be created using _____ and _____ (ii) To create a selected query _____ view can be used. (iii) Run button is present on _____ tab. (iv) The lines that are printed for each record are called _____ (v) _____ is the quick way of building a report. (vi) The conditions that identify the records you want to find is called _____ (vii) The fields on which the records are sorted is called the _____ in Report.	1/2 x7 =3.5	Understanding
3	Answer the following questions - (i) What do you understand by query? Explain the different types of queries. (ii) Define Criteria. (iii) What do you understand by wildcards? Name the special wildcards used in Access. (iv) What is sorting? Why do we need it?	1x4= 4	HOT



# ARMY PUBLIC SCHOOL GWALIOR

## CLASS -VIII

ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)



Subject: G.K

Assignment No. : 4

Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	<b>Q1.</b> Fill in the blanks and rewrite the sentences. i) Wherever possible _____ waste production.  ii) Buy products with _____ packing.  iii) Say _____ to plastic bags.  iv) Baby goats are called _____	4	Information and Understanding
2	Name the following- i.The most violently toxic plant in North America..... ii.The highly poisonous mushroom is.....	2	HOTS Interdisciplinary
3	Why are butterfly insects?	1	Understanding
4	i.Is dolphin fish or a mammal? Why? Is shark fish or a mammal? Why ?	1	Understanding
5	Where the Leopard of the air is found?	1	Understanding
6	Why is the national bird of Philippines on the brink of extinction ?	1	Analytical Skill



ARMY PUBLIC SCHOOL GWALIOR

CLASS -VIII



ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)

Subject: Art Education

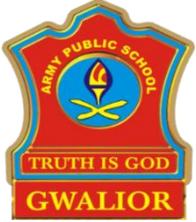
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Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	What kind of math is used in mandalas? A. Rhombus geometry B. Square geometry C. Triangle geometry D. Circle geometry	1 mark	Creative Skills
2	A mandala, which is Sanskrit for _____. A. Discoid object B. Domicile C. Barbarian D. Locale	1 mark	Creative Skills
3	What paint do you use for mandalas? A. Anti-corrosive paint. B. Acrylic paint C. Emulsion paint D. Enamel paint	1 mark	Creative Skills
4	Which one is not a component of a Mandala art? A. Symmetry B. Geometry C. Balance D. Colour	1 mark	Creative Skills

5	<p>Strength, high energy and passion represent by which colour in mandala art?</p> <p>A. ORANGE</p> <p>B. YELLOW</p> <p>C. GREEN</p> <p>D. RED</p>	1 mark	Creative Skills
6.	<p>Which Colour material is best for Mandala?</p> <p>A. Gel pens</p> <p>B. Sketch pens</p> <p>C. Fountain pens</p> <p>D. Pencil colour</p>	1 mark	Creative Skills
7	<p>Which pen is used for mandala art?</p> <p>A. Pitt Artist Pens</p> <p>B. Ball pens</p> <p>C. Sketch pens</p> <p>D. Fountain pens</p>	1 mark	Creative Skills
8	<p><b>Which one is not a type of Mandalas?</b></p> <p>A. <b>Teaching Mandala</b></p> <p>B. Learning Mandala</p> <p>C. <b>Healing Mandala</b></p> <p>D. <b>Sand Mandala</b></p>	1 mark	Creative Skills
9	<p>_____ tend to represent the universe, often carrying meanings related to life and energy.</p> <p>A. Bell</p> <p>B. Sun</p> <p>C. Triangle</p> <p>D. Lotus flower</p>	1 mark	Creative Skills
10	<p>_____ represent action and energy, and when facing downward, they represent creativity and the pursuit of knowledge.</p> <p>A. Bell</p>	1 mark	Creative Skills

- |  |  |  |  |
|--|--|--|--|
|  | <ul style="list-style-type: none"><li>B. Sun</li><li>C. Triangle</li><li>D. Lotus flower</li></ul> |  |  |
|--|--|--|--|



# ARMY PUBLIC SCHOOL GWALIOR

## CLASS -VIII



### ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)

Subject: Work Education

Assignment No. : 4

Allotment Date: 18 July 2021

S. NO.	QUESTIONS	MARKS	NATURE
1	_____ is a glazed or unglazed fired clay used especially for statuettes and vases and architectural purposes. A. Terracotta B. Plastic art C. Woodcraft D. Pottery	1 mark	Creative Skills
2	The meaning of Terracotta is _____. A. Depiction B. Illustration C. Delineation D. Baked earth	1 mark	Creative Skills
3	Who invented Terracotta? A. Anna Atkins B. Qin Shi Huang C. John James Audubon D. Samuel Morse	1 mark	Creative Skills
4	Terracotta is a type of ceramic pottery which is used to make many _____. A. Kite B. Flower pots C. Pens D. Papers	1 mark	Creative Skills

5	_____ terracotta is manufactured by mixing clay with finely manufactured fragmented rocks. A. Porous B. Kaolin C. Earthenware D. Polish	1 mark	Creative Skills
6.	_____ terracotta is manufactured from refractory clay mixing with quartz sand and chalk. A. Polish B. Porous C. Kaolin D. Earthenware	1 mark	Creative Skills
7	The terracotta consists of_____, Ground glass, crushed pottery and clean white sand A. Ink B. Block C. Water D. Dry clay	1 mark	Creative Skills
8	Which place is famous for terracotta horses? A. Rewa division district B. Narmadapuram district C. Sagar division district D. Bankura district	1 mark	Creative Skills
9	The _____ community in Tamil Nadu is also known for their terracotta work. E. Buddhists F. Aiyanar G. Zoroastrians. H. Christians	1 mark	Creative Skills
10	What makes terracotta red? A. Iron B. Sand C. Water D. None of above	1 mark	Creative Skills



ARMY PUBLIC SCHOOL GWALIOR

CLASS -VIII



ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)

Subject: Health and Physical Education

Assignment No. : 4

Allotment Date: 18 July 2021

S.NO	MULTIPLE CHOICE QUESTIONS (1 to 4)	NATURE	MARKS 1X10
1.	“Prana” in pranayama means_____. A. gain control B. vital life force C. strength D. Stamina	Informatory	1
2	Benefits of yoga are - A. its beneficial for spinal column B. It enlarges thoracic cavity C. It develops balancing power in body D. All of these	Informatory	1
3	Yoga practices are to make people free from- A. Disease B. Ignorance C. Egoism D. All of these	Informatory	1
4	Health is not just absence of _____. A. Studies B. Emotion C. Disease D. Happiness	Understanding	1
5	<b>Fill in the blanks ( question 5 to 7 )</b> _____ is an example of agility. [squats, dot drill]	Informatory	1
6	It means complete suspension of breathing. [pranayama, asanas]	Understanding	1

7	The aim of yoga is to control over _____. [mind, future]	Understanding	1
8	<b>True and False ( question 8 to 10)</b> Asanas are of three types meditative asanas, relaxation asanas and cultural asanas.	Analytical	1
9	In texts like Bhagwat Gita pranayama means complete suspension of breathing.	Informatory	1
10	Yoga creates emotional instability in body.	Critical thinking	1



# ARMY PUBLIC SCHOOL GWALIOR

## CLASS -VIII

### ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)



Subject: Library

Assignment No. : 4

Allotment Date: 18 July 2021

S.NO	QUESTIONS	MARKS	NATURE
1	How were the children of low caste families treated in the school?	01	Understanding
2	From where did Dr Ambedkar do his graduation ?	01	comprehension
3	Why was Dr Ambedkar given a scholarship to do his MA in the US?	01	comprehension
4	How many PhDs did Dr Ambedkar receive in all ?	01	comprehension
5	After his tenure as law minister, what was he appointed as ?	01	comprehension
6	<b>Complete the sentences.</b> Education will help you achieve your .....	01	comprehension
7	Education leads to.....	01	Analysis
8	Education helps to adapt to .....	01	comprehension
9	It enables you to take.....	01	comprehension
10	Education makes us .....	01	comprehension



# ARMY PUBLIC SCHOOL GWALIOR

## CLASS -VIII



### ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)

**Subject: Music**

**Assignment No. : 4**

**Allotment Date: 18 July 2021**

Sr. no.	Answer the following Question	Nature	Marks 1x10= 10
1	Music is originated in the _____ period . A)Indus valley civilization B)vedic period C)Both A and B	informative	1
2	The two Indian epics are_____. A)Ramayana B) Mahabharata C) Both A and B	Understanding	1
3	The great Musicians of history of Indian music are _____. A)Swami Haridas B)Pandit Jas Raj C)Sultan khan	Informative	1
4	The only evidence of Music is originated in Indus Valley is _____. A)Bronze sculpture of dancing bala B) Gold sculpture of dancing bala C) silver sculpture of dancing bala	Creative	1
5	Which of the following are the great Musicians . A)Tansen B)Amir C)both a and b	informative	1
6	Indian music is at least 4000 years old . True / False	Informative	1
7	In kathak toda's made out of natwari bole . True / false	informative	1

8	At that time, swara was called "yama " . True / False	Informative	1
9	The oldest music in the world is found in _____ veda .	Informative	1
10	After the decline of Indus Valley civilization the stage of _____ period began .	Understanding	1



# ARMY PUBLIC SCHOOL GWALIOR



## CLASS -VIII

### ACADEMIC SESSION 2021-22

### WORKSHEET (SELF –ASSESSMENT)

**Subject: Discipline**

**Assignment No. : 4**

**Allotment Date: 18 July 2021**

### *When Gertrude Grew Great*

Gertrude was just an average kid with an average life. She lived in an average sized house in an average neighborhood in a totally typical town. At home, she helped out just enough to slide by. At school, she did just enough homework to stay out of trouble. She had straight 'C's in all of her classes.

One day Gertrude's teacher, Mr. Mister, stopped her after class. "Gertrude," he said, "I know that you can do better. I've seen the work you do in class, and some of it is amazing... way better than 'C' work." Gertrude knew that there were moments when she did try a little harder than what everyone expected, like when she put extra elbow grease into some of the dishes to make them *really* sparkle; or, when she took extra time with her handwriting on a few problems of her homework to make it look fancy. But she just didn't have confidence in herself. She didn't really believe that she could change; in fact, she was scared by the thought of having the power to become whatever she wanted. She had done just enough to get by for so long that being mediocre was her lifestyle. She stopped listening to Mr. Mister about half way through and just nodded her head until he stopped. Then, she walked out at an average pace.

That night, Gertrude had a dream. It was ten years into the future and she was still living with her mom in her average neighborhood. She could not find an average job, because even the average jobs were filled by above-average workers: people who did more than what was expected of them. Gertrude loved her mom, but she wanted more for herself. She wanted her own place, her own life. A voice spoke in the dream: "The present is nothing more than the outcome of the choices made in the past. The future will only be the results of the choices we make today." Gertrude began crying average sized tears, because she knew that she helped shape the world in which she lived, and the choices she made produced the options she had. She woke up with her pillow wet.

Gertrude was relieved to be back in middle school. She took a little more care in getting herself ready that morning, and she looked better than normal. She tried harder in school, and she felt smarter than usual. She helped more around the house, and she felt better than typical. Soon the pattern of success replaced the pattern of mediocrity, and Gertrude became great at everything. Sure, there were still lots of things that Gertrude struggled with, but just trying her best made her feel better when she didn't succeed, and Gertrude even became great at failing by learning from her mistakes.

Ten years later, Gertrude lived in an average sized house in an average neighborhood in a totally typical town. She was just the average adult, working much harder than average to earn an average living. But

her happiness was above average, because her life was hers. She still visited with her mom quite a bit. But when she was done, she was happy to go to her own house. Gertrude was living the great life.

S. No	Question	Marks	Nature
1.	<p><b>Fill in the blanks-</b></p> <p>i. Change your _____ Change your _____</p> <p>ii. Gertrude was just an _____ kid with an average _____.</p> <p>iii. She had _____ 'C's in all of her classes.</p> <p>iv. That night, Gertrude had a _____.</p> <p>v. Gertrude even became great at failing by _____ from her mistakes.</p> <p>vi. She took a little more _____ in getting herself ready that morning,</p> <p>vii. She still visited with her mom _____ a bit.</p> <p>viii. Gertrude was living the _____ life.</p>	08	Knowledge & Understanding
2.	<p><b>Choose the correct answer-</b></p> <p>A voice spoke in the dream: "The present is nothing more than the outcome of the choices made in the past. The future will only be the results of the choices we make today."</p> <p>i. Whatever we are doing today, will make our future.</p> <p>ii. We can waste as much time as we want.</p> <p>iii. The future is unpredictable</p> <p>iv. The present can be made beautiful.</p>	01	Thinking Skills
3.	<p>Tick the correct answer-</p> <p>Which form of story is this</p> <p>i. Motivational Story</p> <p>ii. Inspirational Story</p> <p>iii. Sad Story</p> <p>iv. Love Story</p>	01	Thinking Skills