



ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24

REVISION WORKSHEET (SELF – ASSESSMENT) Assignment No. : 7

Subject: English Allotment Date: 20 November 2023

S.NO	QUESTIONS	MARKS	NATURE
01	Draw a character sketch of Valli.	6	Information
02	Read the given extract and answer the questions that follow: "Belinda lived in a little white house, With a little black kitten and a little grey mouse, And a little yellow dog and a little red wagon, And a realio, trulio, little pet dragon.1.1 Who is Belinda? 1.2 Where does she live?1.3 What kinds of pets owned by Belinda? 1.4 Who is the poet of above mentioned lines? 1.5 Can you suggest some other title of this poem?	4	Understanding
03	Write the substance of the story"The Sermon At Benares".	5	HOTS
04	What impression do you form of the bus conductor from the chapter "Madam Rides The Bus"?	5	HOTS
05	Read the following extract and answer the questions that follows: "I heard an old religious man But yesternight declare That he had found a text to prove That only God, my dear, Could love you for yourself alone And not your yellow hair." 5.1 Name the poet and the poem? 5.2 Who is the listener in this stanza? 5.3 What does the poet want the lady to realise? 5.4 The speaker's tone here is (i) crude (ii) harsh (iii) endearing (iv) venerable 5.5 God's love is (i) indifferent (ii) selfish (iv) mean	5	Analytical Skills

06	What changes came in the life of the Loisels after borrowing money?	5	Critical Thinking and Problem Solving
07	GRAMMAR The following passage has not been edited. There is one error in each line. Write the incorrect word and the correction against it. 1 Sachin Tendulkar is a best cricketer in India. He has play for more than 20 years on the country He retired from the games last year. He is know for his skill in batting or fielding. 2 Google is the more popular search engine online and use by millions of people every day base in California, USA. The company was founded with Lary Page and Sergcy Brin	10	Evaluation





ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 REVISION WORKSHEET (SELF –ASSESSMENT) Assignment No. : 7

Subject: Hindi Allotment Date: 20 November 2023

S.N.	QUESTIONS	MARKS	NATURE
	निम्नलिखित अपठित गद्यांश को ध्यान से पढ़ें और प्रश्नों का उत्तर दें :		
1	भारत में हरित क्रांति का मुख्य उद्देश्य देश को खाद्यान्न मामले में आत्मनिर्भर बनाना था, लेकिन इस बात की आशंका किसी को नहीं थी कि रासायनिक उर्वरकों और कीटनाशकों का अंधाधुंध इस्तेमाल न सिर्फ खेतों में, बल्कि खेतों से बाहर मंडियों तक में होने लगेगा। विशेषज्ञों के मुताबिक रासायनिक उर्वरकों और कीटनाशकों का प्रयोग खाद्यान्न की गुणवत्ता के लिए सही नहीं है, लेकिन जिस रफ़्तार से देश की आबादी बढ़ रही है, उसके मद्देनज़र फ़सलों की अधिक पैदावार ज़रूरी थी। समस्या सिर्फ रासायनिक खादों के प्रयोग की ही नहीं है। देश के	5	Understanding
	ज़्यादातर किसान परंपरागत कृषि से दूर होते जा रहे हैं। दो दशक पहले तक हर किसान के यहाँ गाय, बैल और भैंस खूटों से बँधे मिलते थे। अब इन मवेशियों की जगह ट्रैक्टर-ट्राली ने ले ली है। परिणामस्वरूप गोबर और घूरे की राख से बनी कंपोस्ट खाद खेतों में गिरनी बंद हो गई। पहले चैत- बैसाख में गेहूँ की फ़सल कटने के बाद किसान अपने खेतों में गोबर, राख और पत्तों से बनी जैविक खाद डालते थे। इससे न सिर्फ खेतों की उर्वरा-शक्ति बरकरार रहती थी, बल्कि इससे किसानों को आर्थिक लाभ के अलावा बेहतर गुणवत्ता वाली फसल मिलती थी।		
	 (क) हमारे देश में हरित क्रांति का उद्देश्य क्या था? (ख) खाद्यान्नों की गुणवत्ता बनाए रखने के लिए किनका प्रयोग सही नहीं था? (ग) विशेषज्ञ हरित क्रांति की सफलता के लिए क्या आवश्यक मानने लगे और क्यों? (घ) हरित क्रांति ने किसानों को परंपरागत कृषि से किस तरह दूर कर दिया? (ङ) हरित क्रांति का मिट्टी की उर्वरा शक्ति पर क्या असर हुआ? 		
	निम्नलिखित गद्यांश को ध्यानपूर्वक पढ़कर दिए गए प्रश्नों के उत्तर दीजिए चंपारण सत्याग्रह के बीच जो लोग गांधी जी के संपर्क में आए वे आगे चलकर देश के निर्माताओं में गिने गए। चंपारण में गांधी जी न सिर्फ सत्य और अहिंसा का	5	

	सार्वजनिक हितों में प्रयोग कर रहे थे बल्कि हलुवा बनाने से लेकर सिल पर मसाला पीसने और चक्की चलाकर गेहूँ का आटा बनाने की कला भी उन बड़े वकीलों को सिखा रहे थे, जिन्हें गरीबों की अगुवाई की जिम्मेदारी सौंपी जानी थी। अपने इन आध्यात्मिक प्रयोगों के माध्यम से वे देश की गरीब जनता की सेवा करने और उनकी तकदीर बदलने के साथ देश को आजाद कराने के लिए समर्पित व्यक्तियों की एक ऐसी जमात तैयार करना चाह रहे थे जो सत्याग्रह की भट्ठी में उसी तरह तपकर निखरे, जिस तरह भट्ठी में सोना तपकर निखरता और कीमती बनता है।		
	गांधी जी की मान्यता थी कि एक प्रतिष्ठित वकील और हज़ामत बनाने वाले हज़्ज़ाम में पेशे के लिहाज़ से कोई फ़र्क नहीं, दोनों की हैसियत एक ही हैं। उन्होंने पसीने की कमाई को सबसे अच्छी कमाई माना और शारीरिक श्रम को अहमियत देते हुए उसे उचित प्रतिष्ठा व सम्मान दिया था। कोई काम बड़ा नहीं, कोई काम छोटा नहीं, इस मान्यता को उन्होंने प्राथमिकता दी ताकि साधन शुद्धता की बुनियाद पर एक ठीक समाज खड़ा हो सके। आज़ाद हिंदुस्तान आत्मनिर्भर, स्वावलबी और आत्म-सम्मानित देश के रूप में विश्व-बिरादरी के बीच अपनी एक खास पहचान बनाए और फिर उसे बरकरार भी रखे।		
	(क) किसी काम या पेशे के बारे में गांधी जी की मान्यता क्या थी? (ख) गांधी जी सबसे अच्छी कमाई किसे मानते थे? (ग) चंपारण सत्याग्रह के दौरान गांधी जी आध्यात्मिक प्रयोग क्यों कर रहे थे?		
2	(घ) गांधी जी लोगों को शारीरिक श्रम का महत्त्व किस तरह समझा रहे थे? (ङ) शारीरिक श्रम को महत्त्व देने और हर काम को समान समझने के पीछे गांधी जी की दूरदर्शिता क्या थी? दिए गए संकेत बिंदुओं की सहायता से विषय ' मन के हारे हार है मन के जीते जीत ' पर 150 शब्दों में अनुच्छेद लिखिए	5	Critical Thinking
	 निराशा अभिशाप दृष्टिकोण परिवर्तन सकारात्मक सोच 		
3	बिजली के खराब मीटर की शिकायत करते ह्ए बिजली विभाग के अधिशासी अभियंता को शिकायती पत्र लिखिए	5	Communicatio n skill Understanding

	निम्नलिखित पंक्तियों का काव्य-सौंदर्य स्पष्ट कीजिए-		
	1.हरि आप हरो जन री भीर ।		
	द्रोपदी री लाज राखी, आप बढ़ायो चीर।		
	भगत कारण रूप नरहरि, धर्योो आप सरीर।		
	2. बूढ़तो गजराज राख्यो, काटी कुण्जर पीर ।		
5	दासी मीराँ लाल गिरधर, हरो म्हारी भीर	5	Critical
			Thinking
	नीचे दिए गए प्रश्नों के सही विकल्प छाँटिए		-
	1. आमरण में कौन सा समास है		
	A) अव्ययीभाव समास		
	B) तत्पुरुष समास		
	C) कर्मधारय समास		
	D) द्विगु समास		
	2. नीलगगन – शब्द में समास बताइए		
	A) तत्पुरुष समास		
	B) द्विगु समास		
	C) कर्मधारय समास		
	D) बहुव्रीहि समास		
	3.पंचतंत्र – शब्द में समास पहचानिए		
	A) द्वंद्व समास		
	B) अव्ययीभाव समास		
	_,		
	C) कर्मधारय समास		
	D) द्विगु समास		
	4.नर-नारी – शब्द में समास बताइए		

	A) द्वंद्व समास		
	B) द्विगु समास		
	C) बहुवीहि समास		
	D) तत्पुरुष समास		
	5. महादेव – शब्द में समास छाँटिए		
	A) द्विगु समास		
	B) बहुव्रीहि समास		
	C) तत्पुरुष समास		
	D) द्वंद्व समास		
6	लाइट वाशिंग पाउडर ' नामक उत्पाद हेतु लगभग 50-60 में एक विज्ञापन तैयार कीजिए	3	Analytical Thinking
7	निम्नलिखित प्रश्नों के उत्तर 60 - 70 शब्दों में लिखिए	6	Evaluation
	निम्नलिखित का आशय स्पष्ट कीजिए -		
	समाज के पास अगर शाश्वत मूल्यों जैसा कुछ है तो वह आदर्शवादी लोगों का ही दिया हुआ है		
	प्रकृति को प्रायः सहनशील माना जाता है लेखक ने यह क्यों लिखा है कि -"नेचर की सहनशक्ति की एक सीमा होती है		
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Assignment No. : 7

ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Mathematics Allotment Date: 20 November 2023

S. NO. QUESTIONS MARKS NATURE 1 1 Understanding If angle of sector is 60°, radius is 3.5 cm then length of the arc is (a) 3 c (b) 3.5 cm (c) 3.66 cm (d) 3.8 cm Understanding 2 1 The area of a quadrant of a circle whose circumference is 22 cm, is (a) $\frac{11}{8}$ cm² (b) $\frac{77}{2}$ cm² (c) $\frac{77}{4}$ cm² (d) $\frac{77}{8}$ cm² 3 A horse is tied to a peg at one corner of a square 1 Evaluation shaped grass field of side 15 m by means of a 7 m long rope. The area of that part of the field in which the horse can graze, is (a) 77 cm² (b) 772 cm² (c) 154 cm² (d) 774 cm² 4 1 Application The length of the minute hand of a clock is 14 cm. The area swept by the minute hand in 5 minutes is (a) 153.9 cm² (b) 102.6 cm² (c) 51.3 cm² (d) 205.2 cm² 5 1 AnalyticalThinki The radii of two circles are 19 cm and 9 cm respectively. The radius of the circle which has ng circumference equal to the sum of the circumference of two circles is (a) 35 cm (b) 10 cm (c) 21 cm (d) 28 cm 6 The total surface area of a hemispherical solid having 1 Analytical radius 7 cm is Thinking (a) 462 cm² (b) 294 cm² (c) 588 cm² (d) 154 cm² A cylinder and a cone are of same base radius and of 7 1 Application same height. The ratio of the volume of the cylinder to that of the cone is (a) 2 : 1 (b) 3 : 1 (c) 2 : 3 (d) 3 : 2 The volume of a sphere is 4851 cm³. Its diameter is 8 1 Analytical (a) 3.5 cm (b) 7 cm (c) 14 cm (d) 21 cm Thinking

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9	How many bags of grain can be stored in a cuboid granary 12 m \times 6 m \times 5 m. If each bag occupies a space of 0.48 m ³ ? (a) 750 (b) 75 (c) 1500 (d) 375	1	Evaluation
10	If the area of a circle is equal to sum of the areas of two circles of diameters 10 cm and 24 cm, calculate the diameter of the larger circle	2	Competency based
11	The circumference of a circle is 22 cm. Calculate the area of its quadrant (in cm ²).	2	problem solving
12	If the difference between the circumference and the radius of a circle is 37 cm, then using π = 227, calculate the circumference (in cm) of the circle.	2	Analytical Thinking
13	A sphere of diameter 18 cm is dropped into a cylindrical vessel of diameter 36 cm, partly filled with water. If the sphere is completely submerged, then calculate the rise of water level (in cm).	2	HOTS
14	If the total surface area of a solid hemisphere is 462 cm ² , find its volume. [Take π = 22/7]	2	Analytical Thinking Problem solving
15	If he is taken as 227, calculate the distance (in metres) covered by a wheel of diameter 35 cm, in one revolution.	3	Evaluation Problem solving
16	In Figure , find the area of the shaded region.	3	Application
17	The length of the minute hand of a clock is 14 cm. Find the area swept by the minute hand in 5 minutes.	3	Problem solving
18	A solid wooden toy is in the form of a hemisphere surmounted by a cone of same radius. The radius of hemisphere is 3.5 cm and the total wood used in the making of toy is 16656 cm ³ . Find the height of the toy. Also, find the cost of painting the hemispherical part of the toy at the rate of \Box 10 per cm ² . [Use π = 22/7]	3	Critical thinking and Problem solving
19	An ice-cream seller sells his ice-creams in two ways: (A) In a cone of r = 5 cm, h = 8 cm and hemisphere at top (B) In a cup in shape of cylinder with r = 5 cm, h = 8 cm	1+1+2	Competency based
	Type 'A'Type 'B'He charges the same price for both but prefers to sell his ice-cream in a cone. Answer the following questions.(i) The volume of the cone is(a) 471.43 cm³ (b) 461.43 cm³ (c) 481.43 cm³ (d) 491.43 cm³(ii) The volume of the cup is: (a) 682.57cm³ (b) 628.57cm³ (c) 282.57cm³ (d) 782.57cm³		
	(iii) Which out of the two has more capacity, and by how much?		

20	A cubical block of side 10 cm is surmounted by a hemisphere. What is the largest diameter that the hemisphere can have? Find the cost of painting the total surface area of the solid so formed, at the rate of 5 per 100 sq. cm.	5	HOTS





ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 **REVISION WORKSHEET (SELF – ASSESSMENT)**

Subject: Science Allotment Date: 20 November 2023

S. No.	QUESTIONS	MARKS	NATURE
1	Q1. What is a solenoid? Q2. Why covalent compounds have low melting and boiling point. Q3. Define Ecosystem.	1 1 1	Information
2	 Q4. DDT that was sprayed in minute amount on food plants was detected in high concentration in man? How did it happen? Explain. Q5. State the right hand thumb rule. Q6. Explain the use of an electric fuse. What type of material is used for fuse wire and why? 	3 3 3	Understanding
3	 Q7. Distinguish between a solenoid and a bar magnet. Draw the magnetic lines for both Q8. Give reasons for the following: (i) Element carbon forms compounds mainly by covalent bonding. (ii) Diamond has high melting point. (iii) Graphite is a good conductor of electricity 	3	HOT
4	Q9. In a food chain, if 10,000 joules of energy is available to the producer, how much energy will be available to the secondary consumer to transfer it to the tertiary consumer? Q10. Give three reasons why different electrical appliances in a domestic circuit are connected in parallel.	3 3	Interdisciplinary
5	Q11. Why are detergents better cleansing agents than soaps? Explain. Q12. Unsaturated hydrocarbons contain multiple bonds between the two C-atoms and show addition reactions. Give the test to distinguish ethane from ethene.	3 3	Analytical Skill
6	 Q12. Draw a rough sketch of the pattern of field lines due to a (i) current flowing into a circular coil and (ii) solenoid carrying current (iii) current flowing through a straight conductor. 	5	Critical Thinking and Problem Solving
7	Q13. Describe how ozone layer is formed?	5	Evaluation



ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 REVISION WORKSHEET (SELF –ASSESSMENT)



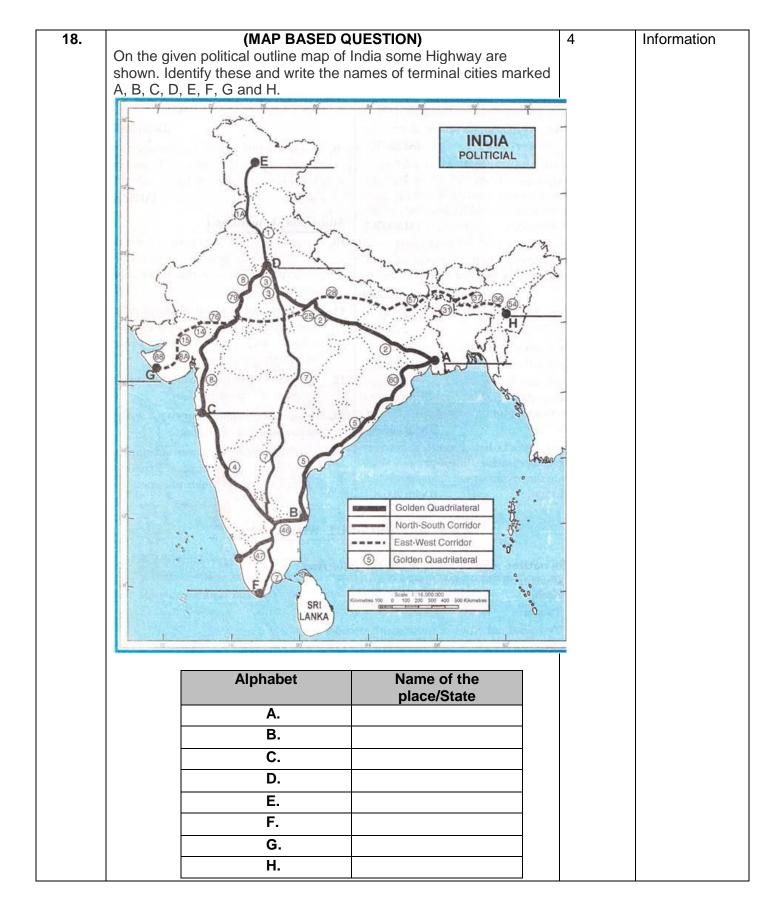
Subject: Social Science Allotment Date: 20 November 2023

S. NO.	QUESTIONS	MARKS	NATURE
1.	Consider the statements given below and choose the correct answer	1	Critical Thinking and Problem
	 Statement I: From 1780, James Augustus Hickey began to edit the Bengal Gazette, a weekly magazine that described itself as 'a commercial paper open to all, but influenced by none.' Statement II: Hickey also published a lot of gossip about the Company's senior officials in India. 		Solving
	 a. Statement (i) is correct and (ii) is incorrect. b. Statement (i) is incorrect and (ii) is correct c. Both (i) & (ii) are incorrect d. Both (i) & (ii) are correct 		
2.	Consider the statements given below and choose the correct answer	1	Critical Thinking and Problem
	 Statement I In Globalisation besides the movements of goods, services, investments and technology, there is one more way in which the countries can be connected. Statement II Countries can be connected through the movement of people and between countries. 		Solving
	 a. Statement i and ii are right. b. Statement i, ii and iii are right. c. Statement iii is right. d. Only statement iv is right 		
3.	'Tremble, therefore, tyrants of the world! Tremble before the virtual writer!' What did Mercier mean by the above lines?	1	Understanding
	 A. rulers often attacked the writers in order to maintain their power over people B. the spread of print culture would bring down the spirits of intellectual writers C. printing of books had the potential to bring an end to despotism D. cruel leaders needed to reflect upon their actions. 		
4.	Satendra is reading an abstract written by Tarabai Shinde . Which of the following is MOST LIKELY to be the central issue of this text? A. religious indoctrination by priests	1	Information
	 B. miserable lives of farmers in debt C. plight of upper caste Hindu widows D. exploitation of children by factory owners 		

E	On the basis of following features identify the correct ention	1	LIOTS
5.	On the basis of following features identify the correct option	1	HOTS
	 I. It connects all major cities by six lane super highways. II. It reduces time and distance. III. It is maintained by National Highway Authority of India. OPTIONS:- A. National Highways. B. State Highways. C. Golden Quadrilateral Super Highways D. Grameen Sadak Yojna 		
6.	The woodcut painting given below was created during the time when Indians were beginning to accept the idea of women's education in the late 19th century.	1	Information
	Which of the following scenarios was the artist MOST LIKELY trying to portray in this art piece?		
	A. listening to music is the best way to spend one's free time.B. increasing popularity of western idea of marriage.C. challenging the conventional gender roles.D. pleasure being the ultimate goal of life.		
7.	Globalisation is the increasing interconnectedness of the world through the flow of goods, services, capital, ideas, and people. Which of the following examples represents globalisation? (a) an online advertising portal for goods sold by local vendors run by the Indian government (b) an IKEA store in Bengaluru selling products manufactured in China (c) a traditional Vietnamese market selling handicrafts in Hanoi	1	Understanding
8.	(d) a sunday market selling groceries produced locallyWhich of the following is NOT an example of the process of globalisation?	1	Understanding
	A. Google's headquarters being in California with multiple offices		

	B. Railways being the largest public sector undertaking employer in		
	India		
	C. McDonalds introducing McAloo Tikki specially for the Indian menu		
	D. Spanish family having masala dosas for their weekend breakfast		
9.	 Which of the following policy decisions by the central government could potentially serve as a trade barrier? (a) strengthening export subsidies (b) simplifying customs procedures (c) implementing higher tariffs on imports 	1	Critical Thinking and Problem Solving
	(d) promoting fairer trade practices globally		
10.	 There are two statements given below about the Print Revolution, marked as Assertion (A) and Reason (R). Read the statements and choose the correct option. Assertion (A): The distribution, application, and preservation of knowledge were fundamentally altered with the invention of printing. Reason (R): Printing enabled intellectuals to produce, comment on, and evaluate texts which spread as ideas across Europe. (a) A is true but R is false. (b) A is false but R is true. 	1	Understanding
	(c) Both A and R are true and R explains A.		
11.	(d) Both A and R are true but R does not explain A. Enumerate the role of G20 presidency on INDIA in context with the Globalization. Also discuss how globalistion is interrelated to	3	Understanding
	G20.		
12.	Despite stiff competition from machine-made thread, the Indian handloom production not only survived, but also saw a steady growth in the 20th century'. Explain reasons in favour of your answer. (NOT BE ASSED IN BOARD EXAM)	3	Information
13.	'It is difficult to imagine a world without printed matter'. Justify the statement with suitable arguments.	3	Evaluation
14.	"Information and Communication Technology (ICT) has played a major role in spreading out products and services across countries". Support this statement.	3	Analytical Skill
15.	Examine the impact of print culture on the French Revolution.	5	HOTS
16.	 (CASE BASED QUESTION) Read the following extract from the text book and answer the questions given below: The task of the native newspapers and political associations is identical to the role of the Opposition in the House of Commons in Parliament in England. That is of critically examining government policy to suggest improvements, by removing the parts that will not be to the benefit of the people, and also by ensuring speedy implementation. These associations ought to carefully study the particular issues, gather diverse relevant information on the nation as well as on what are the possible and desirable improvements, and this will surely earn it considerable influence. Native Opinion, 3 April 1870. (a) To which British institution is the role of native newspapers compared? 	5	Information
	compared? (b) Examine the role of native newspapers as explained in this passage.		

		-	
	(c) What impact did vernacular newspapers have on the Indian		
	people?		
	(d) Name two newspapers published during this time?		
17.	(CASE BASED QUESTION)	4	Evaluation
	Read the source given below and answer the questions that		
	follow:		
	For a long time, foreign trade has been the main channel connecting		
	countries. In history, you would have read about the trade routes		
	connecting India and South Asia to markets both in the East and		
	West and the extensive trade that took place along these routes.		
	Also, you would remember that it was trading interests which		
	attracted various trading companies such as the East India Company		
	to India. What then is the basic function of foreign trade? To put it		
	simply, foreign trade creates an opportunity for the producers to		
	reach beyond the domestic markets, i.e., markets of their own		
	countries. Producers can sell their produce not only in markets		
	located within the country, but can also compete in markets located		
	in other countries of the world. Similarly, for the buyers, import of		
	goods produced in another country is one way of expanding the		
	choice of goods beyond what is domestically produced.		
	enoice of goods beyond what is domestically produced.		
	I. Why had the foreign trade been the main channel		
	connecting countries?		
	II. What are the basic functions of foreign trade?		
	Explain any two.		
	III. How is Indian Economy (before 1991) different from		
	Indian Economy (after 1991)?		







ARMY PUBLIC SCHOOL GWALIOR CLASS - X **ACADEMIC SESSION 2023-24**

REVISION WORKSHEET (SELF –ASSESSMENT) ation Assignment No. : 6

Subject: Work Education Allotment Date: 20 November 2023

S.NO	QUESTIONS	MARKS	NATURE
1.	What is Gond art ?	2	Knowledge
2.	What materials are typically used in Gond art ?	2	Creativity
3.	What makes Gond art unique ?	2	Knowledge
4.	How has modernization impacted Gond art ?	2	Knowledge
5.	Are there any famous Gond artists or art Communication.	2	Knowledge





ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Music and Dance Allotment Date: 20 November 2023

S. NO.	t Date: 20 November 2023 QUESTIONS	MARKS	NATURE
1.	katthak is. dance of which state?	1	Informative
	A) Uttar Pradesh B) Lucknow		
2.	which are the famous Gharanas of Kathak dance?	1	Informative
	A) Lucknow Jaipur Banaras Gharana B) Gwalior Rajasthan Raigarh Gharana		
3.	which dance is Kathak?	1	Informative
	A) classical dance B) folk dance		
4.		1	Informative
5	How many part of congo instrument	1	Informative
	A) 3 B) 1		
6.	What is the Congo musical instrument made of?	1	Informative
	A) wood B) metal		
7.	What is the Congo instrument played with?	1	Informative
7.	A) hand B) stick		mormative
8.	What is Congo skin made of?	1	Informative
	A) plastic B) leather		
9,	How many part of bongo?	1	Informative
	A) 1		
	B) 2		
10.	What is the bongo instrument played with?	1	Informative
	A) hand B) stick		





ARMY PUBLIC SCHOOL GWALIOR CLASS - X ACADEMIC SESSION 2023-24 REVISION WORKSHEET (SELF –ASSESSMENT)

Subject: Physical Education Allotment Date: 20 November 2023

S.NO	MULTIPLE CHOICE QUESTION	IS(QUESTION 1 TO 4)	MARKS:- 1X10=10	SKILLS
1.	Maximum length of runway in Javelin throw is;		1	Problem- solving
	(a) 38.00m	(b) 35.00 m		Solving
	(c) 36.50 m	(d) 40.00 m		
2.	Width of a lane in standard track is		1	Initiative
	(a) 1.80 m	(b) 1.22 m		
	(c) 1.55m	(d) 2m		
3.	400 m race was introduced in Olympic Games.		1	Problem- solving
	(a) 1912	(b) 1914		Solving
	(c) 1922	(d) 1918		
4.	Width of take-off board in long Jump is;		1	Initiative
	(a) 45cm	(b) 20 cm		
	(3) 35 cm	(d) 30 cm		
5.	<i>Fill in the blanks (question 5 to 7)</i> The 800 m and 1500 m events are distance races. (Medium, Long)		1	Thinking
6.	The relay race, which is a team even Olympics in the year (1912,01914)	ent, was first held in the modern	1	Thinking
7.	(7) Javelin throw was first introduced	d in the Olympics in the year	1	Self- regulation
	(1908, 1912)			
8.	True & False (question 8 to 10)		1	Thinking
	A landing pit of foam-sponge 5 met used for the high - jump event.	-		
9.	The 400-m hurdles is termed as hi	gh hurdles.	1	Initiative

10.	The 100 m race was first run in the 1896 Olympic games	1	Problem-
			solving