



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: English

Assignment No. : 10

Allotment Date: 15 January 2022

S. NO.	QUESTIONS	MARKS	NATURE
1	What lesson do you learn from the story of "A tiger in the house"?	4 m	Information
2	Fill in the blanks with suitable modals: 1.You _____ brush your teeth after every meal. 2.The boys _____ train hard if they want to win the competition. 3.If it does not rain tomorrow, we _____ go for a picnic. 4._____ you like to join me for a trip up Cameron Highlands ? 5.You _____ pay \$5 if you want to take part in the contest. 6._____ I go to the toilet please ?	3m	Understanding
3	Write a paragraph on your favourite sport and sportsperson.	4m	HOT
4	Do you think cricket owes its present popularity to television? Justify your answer.	3m	HOTS
5	.How had Timothy changed with time? What Was the prediction of grandmother regarding Mahmoud?	4m	Evaluation
6	Write an e-mail to your cousin advising him how to use the internet. You can use the hints given below : Permission from parents before using	6m	Evaluation

	the internet—Never meet people in real ; life—May not be as they claim—Ask parents before filling any forms—Never give ; out credit card-details—Don't open a mail from an unknown source—Never post photo online—Keep your password a secret.		
7	Playing games helps in developing personality of a child. Give reasons in support of your answer.	3m	HOTS
8	Where was cricket originated ? What was the original shape of the bat ?	3m	Understanding



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CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



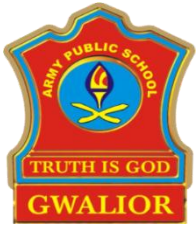
Subject: Hindi

Assignment No. : 10

Allotment Date: 15 January 2022

S. NO.	QUESTIONS	MARKS	NATURE
1	<p>शब्दों के अर्थ लिखिए-</p> <p>साक्षात्कार</p> <p>विनम्रता</p> <p>अनुमानित</p> <p>उथल पुथल</p> <p>अतिथि</p>	5	Information
2	<p>अपठित गद्यांश के आधार पर निम्नलिखित प्रश्नों के उत्तर दीजिए –</p> <p>आश्चर्य की बात है कि मनुष्य कभी अपने आप से यह प्रश्न नहीं करता कि उसे क्या चाहिए? सामान्य रूप से वह जानता है कि उसे अच्छा काम धंधा चाहिए, चाहिए सुख वैभव और विलास चाहिए लेकिन यह सब ऊपर ही बातें हैं. सब बातों के नीचे एक रहस्य और है – मनुष्य का परमात्मा से कटा होना. यह करना ही उसके सब दुखों का कारण है. इसी दुख की पूर्ति के लिए कभी वह रिश्ते नाते जोड़ता है, कभी सांसारिक सफलता पाकर खुश होता है. लेकिन सफलता का सुख भी उसे पूरी संतुष्टि नहीं दे पाता. गौतम बुद्ध को भी सांसारिक सुख पसंद नहीं कर पाए थे. तब उनके मन में प्रश्न उठा था कि आखिर मुझे संतोष कैसे मिलेगा. इस प्रश्न का उत्तर उन्हें बड़ी साधना से मिला. गौतम बुद्ध परमात्मा को नहीं मानते थे.</p>	5	Understanding

	<p>उन्होंने यह निष्कर्ष निकाला कि करुणा से मानव जीवन सुखी हो सकता है. करुणा करने वाला अपने लिए नहीं दीन दुखियों के लिए जीता है. इसी में उसे आनंद मिलता है. वास्तव में मानव का लक्ष्य यही आनंद पाना है.</p> <p>अपठित गद्यांश के आधार पर निम्नलिखित प्रश्नों के उत्तर दीजिए-</p> <ol style="list-style-type: none"> 1. <u>अपठित गद्यांश का शीर्षक दीजिए.</u> 2. <u>सामान्य तौर पर मनुष्य जीवन में क्या चाहता है?</u> 3. <u>मनुष्य जीवन का वास्तविक कष्ट क्या है?</u> 4. <u>मनुष्य अपने सांसारिक दुख को दूर करने के लिए क्या उपाय करता है?</u> 5. <u>गौतम बुद्ध ने मानव जीवन को सुखी बनाने का कौन सा उपाय खोजा?</u> 		
3	भारतीय हॉकी का इतिहास पाठ के आधार पर बताइये ।	5	HOT
4	साक्षात्कार पढ़कर आपके मन में धनराज पिल्लै की कैसी छवि उभरती है? वर्णन कीजिए।	4	Interdisciplinary
5	गांधी जी ने अखिल भारतीय कांग्रेस सहित कई संस्थाओं व आंदोलनों का नेतृत्व किया। उनकी जीवनी या उन पर लिखी गई किताबों से उन अंशों को चुनिए जिनसे हिसाब-किताब के प्रति गांधी जी की चुस्ती का पता चलता है।	5	Critical Thinking and Problem Solving
6	<p>निम्न प्रश्नों के उत्तर लिखिए-</p> <ol style="list-style-type: none"> 1) मेरी माँ ने मुझे अपनी प्रसिद्धि को विनम्रता से सँभालने की सीख दी है'-धनराज पिल्लै की इस । बात का क्या अर्थ है? 2) कविता के मूलभाव को ध्यान में रखते हुए बताइए कि इसका शीर्षक 'विप्लव-गायन' क्यों रखा गया होगा? 3) ध्यानचंद को हॉकी का जादूगर कहा जाता है। क्यों? पता लगाइए।? 	6	Evaluation



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)





Subject: Mathematics

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	NATURE
1	An expression ,which contains two unlike terms, is known as a) Monomial b) Binomial c) Polynomial d) Single term	1	Informative
2	The terms having different algebraic factors are known as a).Like terms b).Unlike terms c).Constant d).Variable	1	Informative
3	The algebraic expression of the statement“ product of numbers a and b subtracted from 7 “ is a) $ab - 7$ b) $7 - ab$ c) ab d) $7ab$	1	Understanding
4	If $x = 3$ then the value of $2x + 4$ is a) 6 b) 10 c) 12 d) 13	1	Evaluate
5.	An example of a pair of like terms is a) $7x, 12y$ b) $7xy, -8xy$ c) $16x, 18y$ d) $4a, 7ab$	1	Information

6	<p>Express 512 as a power of 2</p> <p>a) 2^7 b) 2^8 c) 2^9 d) 2^{10}</p>	1	Analytical
7	<p>The algebraic expression xy is</p> <p>a) Monomial b) Trinomial c) Binomial d) Quadrinomial</p>	1	Information
8	<p>Subtract $12xy$ from $-5xy$</p> <p>a) $14x$ b) $10xy$ c) $-17xy$ d) $17xy$</p>	1	Analytical
9	<p>Which English alphabet has no line of symmetry.</p> <p>a) A b) P c) M d) B</p>	1	Information
10	<p>Equilateral triangles has how many lines of symmetry</p> <p>a) 3 b) 4 c) 5 d) 6</p>	1	Understanding
11	<p>Give the order of rotational symmetry of each of the following figures.</p> <p>(i)  (ii) </p>	2	Analytical

12	<p>If $p = 3$, $q = 2$ then the value of $p^2 - 2pq + q^2$</p> <p>a) 1 b) 2 c) 3 d) 4</p>	2	Evaluate
13	<p>The sum of two algebraic expressions is $2m^2 + 3mn$. If one of them is $m^2 + n^2 + mn$, then the other expression is</p> <p>a) $m^2 - n^2 + 2mn$ b) $m^2 - n^2$ c) $m^2 + n^2$ d) $m^2 + n^2 + 2mn$</p>	2	Analytical
14	Express the number in standard form 5397428	2	Analytical
15	Express 216 as power of prime numbers	2	Analytical
16	<p>Find the value</p> <p>(i) $(9)^{12} \div (9)^5$ (ii) $(3)^6 - (2)^5$</p>	2	Evaluate
17	<p>Simplify and write the answers in exponential form</p> <p>(i) $(5^5 \div 5^3) \times 5^1$ (ii) $(4^2)^3 \div 4^4$</p>	2	Analytical

18	Convert into positive power and then solve $(5/6)^{-2} \times (5/6)^{-4}$	3	Problem solving
19	Using laws of exponents simplify $(a^5 \times b^3 \times b^6) \div (a^2 b^2)$	3	Problem solving



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: Science

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	SKILLS
Q1	Answer the following questions i. Name the device used in place of fuse these days in electric circuits. ii. Name the current carrying coil that acts like a magnet.	1X2=2	Information
Q2	I. What is an electric fuse? What is the principle behind its working? II. Define MCB.	2X2=4	Understanding
Q3	1. Give reason-Fuses are necessary evil? 2. If the bulb doesn't glow in a circuit then what can be the reasons for this?	2X2=4	HOT
Q4	<ul style="list-style-type: none">Draw circuit diagram of an electric circuit with a battery of three cells, bulb and switch in the 'ON' position.Can we use a wire instead of a tungsten wire to make the filament of an electric bulb? Give reason.Differentiate between open and closed circuit.	2X3=6	interdisciplinary
Q5	<ul style="list-style-type: none">What is an electromagnet? List its uses.	3X3=9	Analytical

	<p>II. Wire 'A' has a lower melting point than wire 'B'. Which wire would you choose to make a fuse to:</p> <p>(a) allow more current to pass through.</p> <p>(b) allow less current to pass through. Give reasons for your answers.</p>		Critical thinking and problem solving
	<p>III. Describe the working of an electric bell.</p>		Evaluation
Q6	<p>1. The government is distributing LED lamps to people and urging them to use these lamps instead of regular lamps and bulbs . Discuss and explain the benefits of this step.</p>	5X1=5	Communication skills



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)

Subject: Social Science

Assignment No. : 10

Allotment Date: 15 January 2022



S. NO.	QUESTIONS	MARKS	NATURE
1	<p>Q1. Objective type questions Fill in the blanks and rewrite the sentences.</p> <p>i) _____ was the founder of Hyderabad state.</p> <p>ii) The third battle of Panipat was fought in _____.</p> <p>iii) Auranzzeb died in _____.</p> <p>iv) The weavers make cloth based on order from the _____.</p> <p>v) A woman works in garment factories as a helper of _____ wages.</p> <p>vi) Kolkata is located on the river _____.</p> <p>vii) Buddhist stupa's are found in the state of _____.</p> <p>viii) The one-horned rhinoceros are found in the _____.</p>	8	Information and Understanding
2	<p>Describe the climatic conditions of the Ganga- Brahmaputra basin which help in the agriculture?</p>	3	HOTS
3	<p>Describe the conditions of the employments as well as the wages of workers in the garments exporting factory. Do you think the workers get a fair deal?</p>	3	Interdisciplinary
4	<p>How were the Sikhs organized in the</p>	3	Communication

	eighteenth century?		Skills
5	What were the policies adopted by Asaf Jah to strengthen his position?	5	Critical Thinking and Problem Solving
6	Differentiate between the Ganga-Brahmaputra basin and the Amazon basin.	5	Analytical Skill
7	On an outline political map of India locate the following places:- A) - Mark any two old Mughal provinces. B) - Mark any two tributaries of river Ganga.	3	Evaluation



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CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)




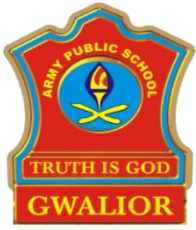
Subject: Sanskrit

Assignment No. : 10

Allotment Date: 15 January 2022

S. NO.	QUESTIONS	Marks	Skills/ Competencies
1	शब्दानाम् अर्थान् लिखत- निर्मान्ति, सर्वकाराय, सेतुः, नदति, सलिले ।	1x5=5	Information
2	कोष्ठेकेभ्यः समुचितपदानि चित्वा रिक्तस्थानानि पूर्यत- (क) अहं प्रातः सह भ्रमणाय गच्छामि (पित्रा/पितुः) (ख) बाला आपणात् फलानि आनयति। (भ्रातुः/भ्रात्रे) (ग) कर्मकराः सेतोः निर्माणस्य भवन्ति। (कर्तारम्/कर्तारः) (घ) मम तु एतेषां प्रश्नानाम् उत्तराणि अददात्। (पिता/पितरः) (ङ) तव कुत्र जीविकोपार्जनं कुरुतः? (भ्रातरः/भ्रातरौ)	1x5=5	Memory Skill

3	<p>रेखाङ्कितानि पदानि अधिकृत्य प्रश्ननिर्माणं</p> <p>(क) सलिले नौका सेलति। (ख) पुष्पेषु चित्रपतङ्गाः डयन्ते। (ग) उष्ट्रः पृष्ठे भारं वहति। (घ) धावनसमये अश्वः किमपि न खादति। (ङ) जनाः <u>सर्वकाराय</u> देशस्य विकासार्थं धनं ददति।</p>	1x5=5	Understanding																								
4	<p>विलोमपदानि मेलयत-</p> <p>मन्दम् नूतनम् नीचैः स्निग्धम् कठोरः पर्याप्तम् पुरातनम् उच्चैः अपर्याप्तम् क्षिप्रम्</p>	1x5=5	Thinking skill																								
5	<p>उदाहरणानुसारं पदानां विभक्तिं वचनञ्च लिखत-</p> <table border="0" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">पदानि</th> <th style="text-align: left;">विभक्तिः</th> <th style="text-align: left;">वचनम्</th> </tr> </thead> <tbody> <tr> <td>यथा-</td> <td></td> <td></td> </tr> <tr> <td>पितुः</td> <td>षष्ठी</td> <td>एकवचनम्</td> </tr> <tr> <td>दातारौ</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>सवितरि</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>भ्रात्रा</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>पुष्पेषु</td> <td>.....</td> <td>.....</td> </tr> <tr> <td>प्रीत्यै</td> <td>.....</td> <td>.....</td> </tr> </tbody> </table>	पदानि	विभक्तिः	वचनम्	यथा-			पितुः	षष्ठी	एकवचनम्	दातारौ	सवितरि	भ्रात्रा	पुष्पेषु	प्रीत्यै	1x5=5	Memory skill
पदानि	विभक्तिः	वचनम्																									
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6	<p>चित्रं दृष्ट्वा संस्कृते पञ्च वाक्यानि रचयत-</p> 	1x5=5	Analytical Skill																								



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: Computer

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTION	MARKS	SKILLS/ COMPETENCIES
1.	<p>Write true and False</p> <p>1. Internet is the smallest network used at your home. <input type="checkbox"/></p> <p>2. A website is a document on the web. <input type="checkbox"/></p> <p>3. Mozilla Firefox is a popular web browsers. <input type="checkbox"/></p> <p>4. Facebook and Myspace are popular social networking site. <input type="checkbox"/></p>	4x0.5=2	Understanding
2.	<p>Choose the correct answer.</p> <p>1. A collection of webpages is called</p> <p>a. Website</p> <p>b. Web server</p> <p>c. Home page</p>	4x0.5=2	Analysing

	<p>2. The unique address of a web page is known as.</p> <ol style="list-style-type: none"> HTML URL Website <p>3. Small text message that a web browser stores on your computer, to keep track of website is</p> <ol style="list-style-type: none"> Cookies Pop-up ad Spyware <p>4. A software that installs on your computer without your consent is</p> <ol style="list-style-type: none"> Pop-up ad Spyware Hyperlink 		
<p>3.</p>	<p>Fill in the blanks .</p> <ol style="list-style-type: none"> The..... enables you to exchange message with people around the world..are the programs which are created deliberately to damage data.. A is a document on the web A single person who maintain many blocks is known as 	<p>4x0.5=2</p>	<p>Information</p>
<p>4.</p>	<p>Answer the following question.</p> <ol style="list-style-type: none"> What is blogging? 	<p>2x2=4</p>	<p>Communication And Skill</p>

	2. What is spyware? How can we protect our computer from a spyware?		



ARMY PUBLIC SCHOOL GWALIOR
CLASS - VII
ACADEMIC SESSION 2021-22
WORKSHEET (SELF –ASSESSMENT)



Subject: G.K

Assignment No. : 10

Allotment Date: 15 January 2022

S. NO.	QUESTIONS	Marks										
1	<p>Q1. Objective type questions Fill in the blanks and rewrite the sentences.</p> <p>ix) Pulwama terror attack on February _____.</p> <p>x) _____ Airlines was the 'World's Most Punctual Airline' for the second consecutive time.</p> <p>xi) _____ was the first Indian wrestler to be invited by the American Asian Games.</p> <p>xii) The largest comic book published measures 7ftsq 73.28 in sq. and it is called _____.</p> <p>xiii) _____ launched the first Arctic train service running from St. Petersburg station headed to Norway.</p>	5										
2	<p>Match the following:-</p> <table><tbody><tr><td>i) Oldest desert</td><td>Vande Bharat Express</td></tr><tr><td>ii) Longest Bridge Tunnel</td><td>Prime Minister Narendra Modi</td></tr><tr><td>iii) National Common Mobility Card</td><td>Ladakhi dance</td></tr><tr><td>iv) Fastest indigenous train</td><td>Zhuhai-Macau bridge</td></tr><tr><td>v) Shondol</td><td>Namib desert</td></tr></tbody></table>	i) Oldest desert	Vande Bharat Express	ii) Longest Bridge Tunnel	Prime Minister Narendra Modi	iii) National Common Mobility Card	Ladakhi dance	iv) Fastest indigenous train	Zhuhai-Macau bridge	v) Shondol	Namib desert	5
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iv) Fastest indigenous train	Zhuhai-Macau bridge											
v) Shondol	Namib desert											
3	<p>Answer in one word:-</p> <ol style="list-style-type: none">1. Name the largest school in the terms of pupils.2. Which government announced the Krishak Bandhu Scheme?3. Name the longest suspension bridge built by Indian Army.4. Name the first woman IAS officer of Kerala.5. Which country launched the world's first nationwide 5G mobile network?	5										

4	<p>True/False</p> <ul style="list-style-type: none">• 'Professional sleeper' to check the comfort of the hotel's beds.• The largest collection of Dragon Ball was achieved by Australia.• PM Narendra Modi inaugurated Dynamic Facade Lighting of Parliament House Estate.• Kazakhstan renamed its capital Astana to Nursultan to honour outgoing leader Nursultan Nazarbayev.• Newly discovered Kajin Sara Lake in Nepal set a record of being the world's shortest lake.	5
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ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)




Subject: Music (Dance)

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	SKILLS/COMPETENCIES
1	Contemporary dancing was started in which century? (a) 28 th (b) 20 th (c) 24 th	1	Integrity
2	Who introduced the concept of contemporary dance? (a) Cunningham (b) Michael Jackson (c) Gregory Hines	1	Integrity
3	_____ Elements of contemporary dance are there. (a) 2 (b) 4 (c) 5	1	Integrity
4	Contemporary dance combines the strong but controlled legwork of Ballet. (a) True (b) False	1	Integrity
5	_____ is one of the most recognized dancers in the history of contemporary dance. (a) Isadora Duncan (b) Mikhail Baryshnikov (c) Martha Graham	1	Integrity
6	Hip-hop was a type of contemporary dance. (a) True (b) False	1	Integrity

7	<p>Contemporary dancers focus on _____ using gravity to pull them down to the floor.</p> <p>(a) Hand work (b) floor work (c) body movement</p>	1	Integrity
8	<p>What is a torso twist that begins in the pelvis?</p> <p>(a) Rib cage (b) Spiral (c) femur</p>	1	Integrity
9	<p>What is Graham named after?</p> <p>(a) named after teacher and choreographer <u>Merce Cunningham</u> (b) named after <u>Jose Limon</u> (c) named after <u>Martha Graham</u></p>	1	Integrity
10	<p>What is this picture about?</p>  <p>(a) Hip-hop dance (b) Folk dance (c) contemporary dance</p>	1	Integrity



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: Music (Vocal)

Assignment No. : 10

Allotment Date: 15 January 2022

S. No	Answer the following questions:	Marks	Skills
1.	What type of instrument is flute? 1. Wind instrument 2. String instrument	1	Informative
2.	Which of the following is a string instrument? a. Guitar b. Tabla	1	Informative
3.	What type of instrument is Mandolin? a. Wind instrument b. String instrument	1	Informative
4.	What type of instrument is Synthesizer? a. Wind instrument b. Electronic instrument	1	Informative
5.	How many matra in teentaal? a.16 b.8	1	Informative
6.	How many vibhag in teentaal? • 2 • 4	1	Informative
7.	Which matra is empty in teentaal? • 9 • 5	1	Informative
8.	Which taal is used in jhala? • Teentaal • Rupak	1	Informative
9.	What is the word of both hands? a. Dha b. Naa	1	Informative
10.	What is the word of right hand? a. Dha b. Naa	1	Informative



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF -ASSESSMENT)



Subject: Health and Physical Education

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	SKILLS/COMPETENCIES
1.	Which of the following is not a type of athletics events? (A) Course (B) Track (C) Field (D) None of this	1	Informatory
2.	Which of the following is not a track event in athletics? (A) Long jump (B) 100 mt (C) Realy (D) All of the above	1	Analytical
3.	Who invented the game of Basketball (A) Dixie scores (B) Adison KA2 (C) Jamed Naismith (D) Jordon P. Olswald	1	Informatory
4.	In Basketball if you shoot a free throw how many points is it worth? (A) 3 Points (B) 2 Points (C) 1 Points (D) 4 Points	1	Understanding
5.	One points do you get for a free throw shoot True/False	1	Informatory
6.	The middle of the basketball court is called the side line. True/False	1	Understanding
7.	A Basketball game starts with jump ball. True/False	1	Understanding
8. Player's are on a team? (4, 5, 6, 8)	1	Informatory

9. quarters are there played in game. (2, 5, 4, 3)	1	Informatory
10.	The team that has possession of the Basketball is on (Defense, foul, offence, holding)	1	Critical thinking



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)

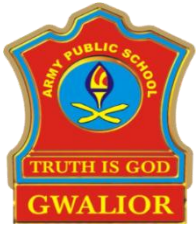


Subject: Library

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	NATURE
	Answer in a word :		
1	With whom do you live at home?	01	Analysis
2	Which kind of company should you avoid?	01	Analysis
3	What is your first duty towards your parents?	01	Understanding
4	Where do you go to study?	01	Analysis
5	What is your first act in the morning?	01	Analysis
	Answer in one sentence :		
6	Why do you respect your parents?	01	Understanding
7	What are the benefits of serving parents?	01	Analysis
8	What does your father do to earn money?	01	Analysis
9	What care should you take towards your clothes?	01	Understanding
10	Whom do you love most?	01	Analysis



ARMY PUBLIC SCHOOL GWALIOR

CLASS - VII

ACADEMIC SESSION 2021-22

WORKSHEET (SELF –ASSESSMENT)



Subject: Discipline

Assignment No. : 10

Allotment Date: 15 January 2022

S.NO	QUESTIONS	MARKS	SKILLS/ COMPETENCIES
1.	<p>Tick the correct option-</p> <p>a. Confidence is</p> <ul style="list-style-type: none">i. Believe in yourselfii. Self- beliefiii. A skilliv. None of the above <p>b. We can become confident by-</p> <ul style="list-style-type: none">i. Firstly by telling our mind that “I can do it!”ii. When we like some good quality in someone, try to develop similar quality.iii. Don't doubt your abilities; but strengthen them by taking responsibilities.iv. All of the above <p>c. Confident people</p> <ul style="list-style-type: none">i. Believe in themselvesii. Learn from othersiii. Keep tryingv. All of the above	03	Knowing and understanding
2.	<p>Complete the sentence</p> <ul style="list-style-type: none">i. Let's learn to be _____.ii. Confidence is believe in _____.iii. Believe in _____.	03	Knowing and understanding
3.		02	Application and

	Give an example of taking a safe risk- _____ _____ _____		analysis
4.	Give your friends few tips to be confident. _____ _____ _____	02	Application of knowledge